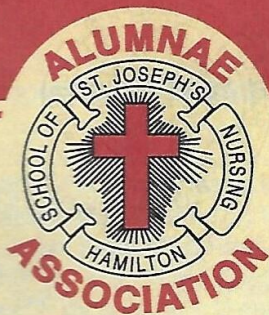


ALUMNAE IN ACTION



St. Joseph's School of Nursing
Alumnae Association
Newsletter Editor
184 Toby Crescent
Hamilton, ON L8T 2P2
www.sjsnaa.com

January 2021

Dear Nursing Colleagues

Happy New Year everyone and we, the Executive, hope that this first Newsletter of 2021 finds all members to be safe and in good health. Unfortunately the pandemic still plagues us and has even become worse during this second wave and we know how much it has impacted everyone's daily lives and celebrations of the holidays this past season and those from the whole past year! Who would have known we would be subjected to a worldwide virus that has caused such destruction and chaos in our lifetime!

The New Year brings hope and promise of better things to come but we aren't there yet. The arrival of the Vaccine is welcomed and we hope it leads us to the end of these unprecedented times!

We will do our very best to keep everyone informed of what is happening this year with your Alumnae.

Make sure you check out our website, www.sjsnaa.com, if you haven't already! There is information being added all the time!

Message From Our President

A New Year is upon us and we are in interesting and challenging times! The COVID19 pandemic changed how we lived and celebrated in 2020 and continues to affect us in 2021! It is with regret that the Alumnae Executive is **cancelling** the 2021 Reunion Day. It is unlikely that herd immunity will be achieved by May 2021. Safety and provincial guidelines are our primary concern. Those celebrating special years in 2021 will be duly celebrated when we can gather again safely at our next Alumnae Reunion Day. Your executive continues to meet via Zoom and continues with our work of updating documents and working on the missing three classes for the Photo Gallery on our website.

Be well and please stay safe.

Your President, Kristine Rogers '69

The Class of 1970 who would have celebrated 50 years this past Reunion Day is featured on our website on "Anniversary Years"



REUNION DAY 2020

CLASS of 1970

CELEBRATING 50 YEAR ANNIVERSARY

Special Request

If you are celebrating a Special Anniversary Year, would the coordinator of each class let us know who you are? And if there are pictures of your class you would like to submit for presentation, please send them to **Janina Berenyi '65** at janinaberenyi65@gmail.com, **Connie Prowse '69** at connie.prowse@gmail.com or **Kristine Rogers '69**, who is also our Website Coordinator, at rogerskristine77@gmail.com. These members will be sure to add them to our website to commemorate your Special Anniversary!

Honorary Members for 2021

Congratulations to 11 Honorary Recipients in 2021!

Thelma Ramsay Jeffrey Feb '52
Helen Reeker Henderson '61
Carolyn Field Olaski '62 (deferred from 2020)
Charlotte Sawyer Owen '66 (deferred from 2020)
Maureen Kirvan '67 (deferred from 2020)
Amelia Sheldrake Clayton '74

Joan Robinson Phillips '57
Patricia Patterson Baker '62
Johanna Borsellino McBride '65
Carolyn Mater Roik '66
Sheila Todd Maggio '72

Honorary status is awarded to those who have 25 years of **continuous** Alumnae Membership, in recognition of their dedication to their Nursing Alumnae. While Honorary members are still required to pay their yearly membership, they are awarded a beautiful gold pin **usually** at the Alumnae Luncheon in May. Please let Membership Secretary, **Pat Duxbury** know if you would like to defer receiving your award until the next Reunion Day (hopefully May 2022). If you would like it sent to you, please contact Pat at dux@stjosephs.org or 9



*Thelma Ramsay
Jeffrey '52*



*Johanna Borsellino
McBride '65*



*Helen Reeker
Henderson '61*



*Carolyn Field
Olaski '62*



*Sheila Todd
Maggio '72*



*Carolyn Mater
Roik '66*



*Charlotte Sawyer
Owen '66*



*Amelia Sheldrake
Clayton '74*



Maureen Kirvan '67



*Patricia Patterson
Baker '62*



*Joan Robinson
Phillips '57*

Donations

We are happy to accept donations, monetary or items of interest, to the Alumnae. They are always put to good use or preserved within the Alumnae.

We have had a recent donation of \$200.00 from Janet Dally Eberhard '67

The Alumnae also supports various groups. We have donated to St. Margaret Mary Parish, who so kindly lets us use articles from the church during our Reunion Day Masses. We also donate to St Joseph's Villa for client needs and we have recently sent a donation to St. Joseph's Hospital to their Covid Fund.



Janet Dally Eberhard '67 made a donation of \$200.00

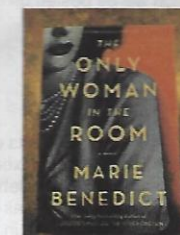
Read any good books lately?

Being at home so much during the pandemic, the urge to read perhaps has increased??

Two books have been recommended for reading...

"The Only Woman In The Room" by Marie Benedict (Hollywood actress Hedy Lamarr and her significant scientific contributions to the war effort) and "The Pull of the Stars" by Emma Donoghue (takes place in Ireland in a maternity flu ward during the Spanish Flu of 1918)

If anyone has any good books to share please email me at indellipsitt52@gmail.com

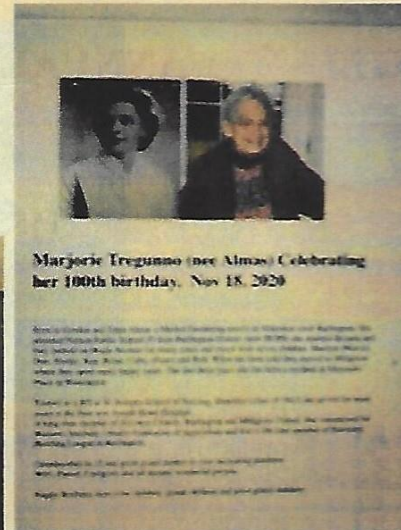


Special Mention

One of our own turns 100...

Marjorie Almas Tregunno '43 celebrated her birthday on Nov 18, 2020

Marjorie was born to Gordon and Edna Almas, a market gardening family, in Aldershot (now Burlington). She attended Nelson Public School #3, then Burlington District (now BCHS). Marjorie married Broadie and they farmed on Maple Ave. for many years and raised 7 children. When the farm sold, they moved to Millgrove where they spent many happy years. Marjorie has lived at Alexander Place in Waterdown for the last 3 years. She trained as an R.N. at St. Joseph's School of Nursing in Hamilton and graduated with the Class of 1943. She served for many years at the then new Joseph Brant Hospital in Burlington. Marjorie was a long time member of St. Luke's Church in Burlington and Millgrove United. She volunteered for the Women's Institute, Ontario Federation of Agriculture and is a life time member of Eastwood Bowling League in Burlington. Marjorie is Grandmother to 15 and Great Grandmother to an ever increasing number of Great Grandchildren! Marjorie last attended Reunion Day in 2018



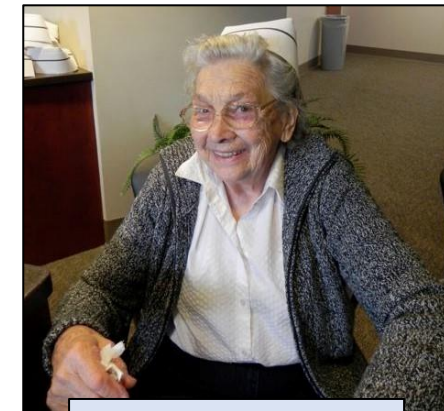
Marjorie Almas '43



Left to right

GRADUATION May 19, 1943

Front Row: Ruth Young Betty Start Dolores Henry Helen Montague Marguerite Reding Rita Curtis Nell Patterson Ella Anderson Agnes Morrow
Grace Dougherty Joan O'Sullivan Doris Caley Ilene Faulkner Betty Perry
Back Row: Loreen Leatherdale Pauline Kwolek Muriel Black Mildred Hurst Catherine McKeown Pauline Gibbons Carmel Steffler
Mildred Nelles Bernadette Clohec Catherine Brown Marjorie Almas Marguerite Mooney Margaret Mae MacDonald Betty Martin
Pauline Gibbon (Sister Paul Marie) Joan O'Sullivan (Sister M. Celestine) Marguerite Reding (Sister Mary Austin)



*Marjorie Almas '43
at the Hospital Tea 2011*



*Marjorie Almas '43
Reunion Day 2016*

Frances Ruffing Harold '46

Frances graduated from nursing along with her identical twin sister, Rosemary Ruffing Cutler (RIP 2014). When students, they were always placed on different shifts! Upon graduation, she worked at St. Joseph's in Emergency where every shift was staffed with one RN and one

student. In 1947, she entered St. Joseph's Convent for a brief time but later decided to return to St. Joseph's as Head Nurse of the nursery at Casa Maria, before moving back to

Emergency.

In 1951, Father Thomas Brennan, Director of Catholic Charities for the Hamilton Diocese, came to see her at work and asked if she would come to work for them, as their Social Worker had left. The Catholic Welfare Bureau in Canada and the US were opening up homes for WWII orphans from Europe and Ontario was the only place in Canada doing this. The children were picked up from boats in Montreal and Quebec City and taken to a historic home in Ancaster where nuns from the West had opened a boarding school and they had rooms available. The

need for adoptive parents was publicized in church bulletins and Frances' job was to travel by train and then by car to interview the applicants to determine their suitability. She insisted that brothers and sisters remain together. She travelled all of over Ontario with many trips to Northern Ontario and to the Ottawa Valley. She took the children to their new homes as well. Frances did this for about 5 years and has always said that she had 120 children and is still in touch with 5 of them.

Frances then returned to St. Joseph's and was in charge in the two nurseries. Later she went on to be in charge of St. Martin's Manor, a home for unwed mothers, on Mohawk Road West. She took a little time off and then went on to work at a home for the aged. After a rewarding career where she did so much for so many, she retired at age 65. These days, Frances is

enjoying life in a retirement community where she just celebrated her 95th birthday.



Francis (blue jacket) with her twin, Rosemary, and is fourth from the left in the grad photo...



left to right
Donna Devine Rosemary Walsh Jean Stringer Florence Schill Winnifred Ayres Agnes McCawill Helen Madej Edith Massacre Edith Franklin
Jean Mitchell Marie Clayton Mary Mercer Vera Rawson Olive Mummery Helen Kubilis Rosemary Ruffing Jean Laing Frances Ruffing
Mary Gannon Dorothy Gleed Margaret Haines Rita Karnes



"Probies"
Frances & Rosemary Ruffing
Class of 1946



Frances & Rosemary Ruffing
1st Twins to graduate from
St Joseph's School of Nursing 1946

Elaine Harper Bosch '65, who lives at Beechwood Manor Retirement was awarded the "Resident Champion Award", donated by the Retirement Homes Regulatory Of Ontario, for her significant contribution to the home during the Covid 19 pandemic. Elaine helped out by checking temperatures twice a day on 82 residents and generally helped out portering people and running errands when all volunteer venues were shut down by the pandemic! Since moving to Beechwood in 2014, Elaine felt only natural to step in and start Volunteering whenever and wherever she could. In 2017, she won the first ever Volunteer of the Year Award! She credits her three years of training at St Joe's to give her the strength and health to continue to assist wherever possible. Elaine has also been involved in a prayer blanket ministry for a local church and with her 1965 classmates. She loves to do puzzles, 50 of which have been completed and framed as art on the walls in the Retirement home!



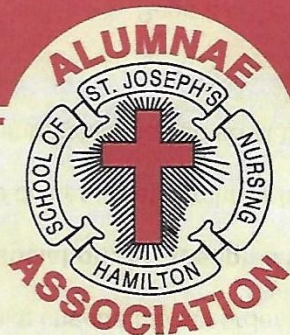
Recipient of Bursary from the Class of Sept.'55

As announced in the Fall Newsletter, the Class of Sept. '55 donated \$2017.00 to provide a bursary for a Practical Nursing Graduate who is entering the BScN (RN) Program. It was awarded to Brittany T. from the Mohawk McMaster Institute who wrote: "My heart is filled with warmth and I am very happy, excited and appreciative. I'm honoured to be selected for this life changing award. It has been a dream of mine to be a nurse and this award gives me the opportunity to pursue my dream!"



Volunteer of the Year Award 2017

ALUMNAE IN ACTION



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www.sjsnaa.com

April 2021

Dear Nursing Colleagues

Spring has sprung and with it comes better weather, longer days and this year especially, the promise of a "return to some kind of normal" with the arrival (albeit slowly) of the Covid vaccine. Hopefully some/many of you have been able to be vaccinated already! It is unfortunate that we are still having to comply with the guidelines set out by Public Health and our Government, but with the variants or mutations of this virus, it looks like a "Third Wave" is happening! Hopefully "herd immunity" can be achieved by the Fall!

Your Alumnae Executive still meets regularly by Zoom meetings and we have continued our work set out by our Constitution, which has now been revised and completed. In this edition of the newsletter, you will see a Recruitment Letter and An Expression of Interest Form. We are always looking for members to join our Executive and continue with the work we have achieved so far.

As well, our website, www.sjsnaa.com is always being **updated** with news, pictures and information. Please be sure to visit!!!

President's Message

Hello Everyone. Spring is here and as pleasing as that is, it is disappointing to know that this will be the second year without a Reunion Day celebration due to the Covid Pandemic! To acknowledge the classes that would have celebrated this year and last, class slide presentations have been created and loaded onto the website under "Anniversary Years". A few class presentations are still being developed and will be completed soon!

Many of you have made donations to our Archive collections. You will be pleased to know that the hospital library is creating more storage area to accommodate these treasures.

We, the Executive, are nearing completion of the revisions to our governing documents. Part of this has been to formalize a "Liaison to the Sisters" role. This role is very important in maintaining a link with our remaining Nursing Sisters. Included in this newsletter is a recruitment document. We are currently looking for someone to step into the role of Recording Secretary. Please consider this opportunity to support your Alumnae.

Be safe,
Kristine Rogers '69

Book Recommendations

After the January Newsletter was published, I received a few titles of books recommended by members of our Alumnae.

Invisible Girl by Lisa Jewel

Educated by Tara Westover

In the Woods by Tana French

New Found Land by Farley Mowat

Olive Kitteridge by Elizabeth Strout

Becoming by Michelle Obama

Hidden Valley Road by Robert Kolker

Coming Up For Air by Sarah Leipziger

Also recommended were any mystery books written by Peter Robinson (he is a Yorkshire man who now lives in Toronto. All his mystery books take place in Yorkshire)

IF YOU ARE CELEBRATING AN ANNIVERSARY YEAR

Classes celebrating this year are:

1971 A

1971 B, both classes are celebrating 50 years

1941, celebrating 80 years

1946, celebrating 75 years

1951, celebrating 70 years

1956, celebrating 65 years,

1961, celebrating 60 years,

1966, celebrating 55 years,

1976, celebrating 45 years

REUNION DAY 2021

ANNIVERSARY YEARS CELEBRATION

CELEBRATING 80 YEAR ANNIVERSARY

CELEBRATING 75 YEAR ANNIVERSARY

CELEBRATING 70 YEAR ANNIVERSARY

CELEBRATING 65 YEAR ANNIVERSARY

CELEBRATING 60 YEAR ANNIVERSARY

CELEBRATING 55 YEAR ANNIVERSARY

CELEBRATING 50 YEAR ANNIVERSARY

CELEBRATING 50 YEAR ANNIVERSARY

CELEBRATING 45 YEAR ANNIVERSARY

1915 – 1936

CLASS of 1941

CLASS of 1946

CLASS of 1951

CLASS of 1956

CLASS of 1961

CLASS of 1966

CLASS of 1971A

CLASS of 1971B

CLASS of 1976

Donations

We are happy to accept donations, monetary or items of interest, to the Alumnae. Monetary donations are used in the preservation of archival material, like preserving the many photographs that have been donated.

The Class of 1960 has donated \$612.00

Vicki Krakana Braun '64 has donated \$40.00

Jim Shipley 71A has donated \$150.00 in memory of departed classmates and in celebration of his 50 Year Anniversary.

Teresa Huzarski Dobrucki '60 has donated \$100.00



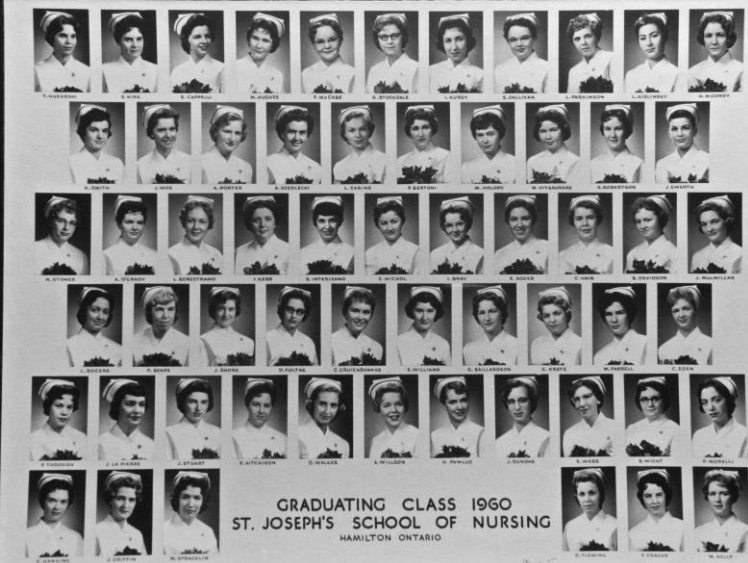
Vicki Krakana Braun '64



Teresa Huzarski Dobrucki '60



Jim Shipley '71A



Honorary Members for 2021

Congratulations to Honorary Membership Recipients.

Thelma Ramsay Jeffrey Feb '52	Joan Robinson Phillips '57
Helen Reeker Henderson '61	Patricia Patterson Baker '62
Carolyn Field Olaski '62 (deferred from 2020)	Johanna Borsellino McBride '65
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Amelia Sheldrake Clayton '74	

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Book Recommendations

After the January Newsletter was published, I received a few titles of books recommended by members of our Alumnae.

<u>Invisible Girl</u> by Lisa Jewel	<u>Educated</u> by Tara Westover
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<u>Hidden Valley Road</u> by Robert Kolker	<u>Coming Up For Air</u> by Sarah Leipziger

Also recommended were any mystery books written by Peter Robinson (he is a Yorkshire man who now lives in Toronto. All his mystery books take place in Yorkshire)



Mrs. Marie MacDonald
Teacher, Nursing
Fundamentals

Other News

Many of our St Joseph's Family will remember Marie McDonald as our Infection Control Officer for many, many years. She also taught Obstetrics and Gynecology at our School of Nursing. Marie passed away on January 30, 2021. Marie was not a graduate of St. Joseph's School of Nursing, but we would like to extend our condolences to her family on behalf of the Alumnae.



Another interesting fact... after featuring Frances Ruffing Harold '46 in the January newsletter, Teresa Huzarski Dobrucki '60 informed us that she was one of the orphans that Frances brought to Hamilton to be adopted. Through a mutual friend (who lives in the same complex as Frances), they were able to reunite by telephone for now and are hoping, in the future, to be able to visit in person when restrictions are lifted. We were so happy that this was made possible by our newsletter!



Teresa Huzarski Dobrucki '60

Marjorie Dyett '66 (information obtained from the Port Rowan Good News April 29-May 26, 2020)

Marjorie Dyett (or Marj as she is called by her friends) was born and raised in Hamilton. She graduated from St. Joseph's School of Nursing in 1966. After graduation, Marjorie spent some time in Guatemala, volunteering under very trying conditions as things were back in the 60's! She then worked at St. Joseph's Hospital in Hamilton for 27 years...part of that time in ICU where she felt she was "on the ground" of many changes we take for granted today! Most of her career was spent working with Kidney Transplant patients and she knew firsthand the advances that were being made with that procedure!

Marjorie lived in a "Century Home" in South Cayuga and moved into the Villages of Long Point Bay in 2010 after recovering from a fall and a broken leg. Up until then, she had been volunteering at the Nursing Home in Dunnville. Marj is one of these people you see here, there and everywhere, helping wherever and whenever possible. She is also a quilter who spent time with a group of ladies that produced very useful items...some for sale but also just to give away to the needy folks. They also produced baby quilts for mothers that needed help. Marj also made many masks that she donated to the community during the pandemic.

Marj is a proud member of St. Joseph's School of Nursing Alumnae and attends Reunion Day festivities and enjoys reading the newsletters to keep up with all that is happening.

Marj is known to have hosted tea parties for special occasions for all the ladies in the area. She is also a member of the Sacred Heart Church congregation in Langton.



*Frances Showers, Margaret Dyett, Pat Faulkner
Reunion Day 2019*



*REUNION DAY 2011
Gail Dynes '66 Marjorie Dyett '66*



SISTER M. MARGARET

GRADUATION 1966

*Sister Mary Margaret
a.k.a.
Marjorie Dyett*



*REUNION DAY 2011
Julia Mumedjian, Toni Corrado,
Carolyn Doherty, Marjorie Dyett*

Sister Patricia Hanlon

Died on April 24, 2020, London, ON

Age. 90

This article appeared in a Fall 2020 McLean's magazine



She is missed by so many !

"She belonged to so many families"

After each shift as a palliative caregiver at St. Joseph's Healthcare Hamilton, Sister Patricia would return to the nuns' quarters in the hospital, open her binder and pick up the phone. It was part of a daily routine, which others called her "telephone ministry." More than 100 people around the world came to expect the calls yearly on the anniversary of a loved one's death. Her niece, Catherine Motz, says her aunt made the calls for as long as she can remember—well over 30 years. A dedicated Sister of St. Joseph's for 69 years, Sister Patricia served her community with goodness, optimism and hope. She told her niece that even as a young child she felt the call of the Lord, compelling her to be a nun, and she entered the convent in 1951. Three years later, she began her work as a nurse at St. Joseph's Healthcare Hamilton. Sister Patricia kept diligent notes in a binder, marking down details of the lives lost and the people left behind. Motz recalls sitting shoulder to shoulder with her aunt, digitizing the binder, updating it over the years so she could easily refer to it as she made her phone calls. In the mid-'90s, Sister Patricia moved out of the St. Joseph's Hospital and into the St. Joseph's Motherhouse, a nunnery, in Hamilton, Ont., until it closed in 2019. Then she moved to the Motherhouse in London, Ont. Shortly before her own death, she began to make calls ahead of the anniversaries on the calendar. Reflecting on her aunt's legacy, Motz says that "she belonged to so many families."

—Alexandra Elves



Consider Joining the Alumnae Executive

Dear Alumnae Members,

Our rich history is the collegiality that signaled the start of our Alumnae and has remained unique and strong to this day. Our Alumnae is marked by genuine friendship, warmth and kinship that began in the very profession that we chose to make our own.

We remain resilient and proud of our nursing ancestry. From 1915 when our Alumnae was formed by the first nursing class graduates, we have remained strong as one of the largest and most active Nursing Alumnae across Canada!

In reality, our Alumnae is aging as we have not had any graduates since 1978. Many of the Executive members have assumed responsibility for Alumnae activities over many years. We are now at a point in time to welcome in new Alumnae Executive members who will help in maintaining our Association and our legacy for as long as possible. Our collective efforts are urgently needed!

We urge you to seriously think about the future of our Alumnae and how your efforts will help ensure a bright and lasting future for our Alumnae.

To ease you into a new position, we will provide you with a mentor that will assist you in your new role.

Please feel free to contact any Executive member, listed in this newsletter, for further information. Should you wish to join the Executive you can complete the **"Executive Committee Expression of Interest Form"** and mail to our President Kristine Rogers, 241 Cranbrook Drive, Hamilton, ON L9C 4T2

The following information will help you understand the composition and roles of our Executive.

Thank you for your interest,
Your Alumnae Executive 2021.



Appendix G

Executive Committee Expression of Interest Form

Name: _____

Maiden name: _____ Year of Graduation: _____

Address: _____

City: _____ Prov: _____ Postal Code: _____

Telephone:(H) _____ (C) _____

E-mail Address: _____

Executive Committee Position of Interest: _____

Do you have a Personal Computer? Y or N

Do you have internet? Y or N

Have you reviewed the role description for the position that you are interest in?

Y or N

Do you have any past experience pertinent to the position you are interested in?

Y or N

Please give a brief explanation: _____

Signature: _____

Composition of the Executive Committee

Executive formulates policy, develops procedure, administers operations and manages the financial operations of the Alumnae according to the Constitution.

Term of Office is two (2) years.

Executive members shall be graduates of St. Joseph's School of Nursing or St. Joseph's Campus of Mohawk College.

1. Immediate Past President
2. President
3. Vice President
4. Recording Secretary
5. Treasurer
6. Membership Secretary
7. Newsletter Editor/Dispatcher
8. Archives Coordinators
9. Annual Reunion Day Luncheon Coordinators
10. Annual Reunion Day Mass Coordinators
11. Fundraising Coordinator
12. Website Coordinator

Executive Committee Roles

Immediate Past President

The Immediate Past President is an advisor to the Executive Committee and facilitates transitional activities during Executive turnovers.

President

The President is the Head of the Association and is charged with the responsibility of administering the Association according to the Constitution.

Vice President

The Vice President is to serve in the absence of the President and to succeed to the office of President for the unexpired term if that office is vacated for any reason. The Vice President will be responsible to chair any special projects assigned by the Executive Committee.

Recording Secretary

The Recording Secretary records the minutes of each Executive meeting, distributes these minutes electronically to all Executive Committee members within two (2) weeks from the Executive meeting and maintains all minutes.

Treasurer

The Treasurer administers the financial functions of the Alumnae Association according to the Constitution and will develop policies and procedures in collaboration with the Executive Committee.

Membership Secretary

The Membership Secretary maintains the membership data base, processes renewals, determines dates for awarding of Honorary Membership status, generates mailing labels for newsletters and emails online newsletters.

Newsletter Editor/Dispatcher

The Newsletter Editor/Dispatcher writes, edits (with the assistance of an appointed Executive Committee member) and prepares the newsletter for publishing three (3) times a year in Fall/October, Winter/January and Spring/April.

Archives Coordinators

The Archives Coordinators research, organize, document and preserve the archival materials and update the Alumnae showcase in the foyer of the St. Joseph's Healthcare, Charlton Campus.

Annual Reunion Day Luncheon Coordinators

The Annual Reunion Day Luncheon Coordinators plan and carry out all aspects at the Reunion Day Luncheon in consultation with the Executive Committee.

Annual Reunion Day Mass Coordinators

The Annual Reunion Day Mass Coordinators design and promote the liturgy for all the blessings to be bestowed on the SJSNAA, past, and present, in consultation with the Executive Committee.

Fundraising Coordinator

The Fundraising Coordinator shall be responsible for the Raffle and 50/50 draw at the Annual Reunion Day Luncheon and any other fundraising initiatives agreed upon by the Executive Committee.

Website Coordinator

The Website Coordinator shall ensure that the www.sjsnaa.com is updated with Alumnae events and historical data, as well as act as a liaison with the website developer and the Executive Committee.

At present, we have an opening for Recording Secretary. Please fill out the "Executive Committee Expression of Interest Form" and submit it to President Kristine Rogers '69. The form is included in this newsletter with contact information as well.

Thank you
Your SJSNAA Executive



St. Joseph's School of Nursing Alumnae Association Hamilton, ON, Canada

S.J.S.N.A.A. WEBSITE

-to open the drop down list to see the topics
scroll your mouse across the headings at the top
(e.g. "History")

-then use the mouse to open the topics & view
the historical information of our Alumnae

This document to help you navigate through our website was designed
by two of our Executive members Connie Beamer Prowse '69 & Kristine Brock Rogers '69.

Home History Executive Constitution Membership News/Events Links Photo Gallery

History Executive

St. Joseph's School of Nursing
St. Joseph's Alumnae
St. Joseph's Hospital
Nursing Oath
Interviews

St Joseph's School of Nursing -contains an overview of the history of the school
-contains a pdf file with detailed history of the school
St Joseph's Alumnae -contains an overview of the history of the alumnae
St Joseph's Hospital -contains an overview of the history of the hospital
Nursing Oath -contains the pledge for Florence Nightingale & Jeanne Mance
Interviews - contains an interview with Sister Joan O'Sullivan
-contains links to You-tube for interviews with Sister Virginia Hanlon, Sister Ann Marshall, Isabel Kerr & Virginia Frere
-these interviews were created for the 100 year Anniversary of the Alumnae celebrated in 2015

Executive

Current Executive
Role Descriptions

-contains the names & positions of executive members
-contains brief description of their roles

Membership News

Membership Criteria
Membership Application
Anniversary Classes
Class Photos

Membership Criteria -contains an overview of alumnae membership
Membership Application -contains a form that can be downloaded to apply / renew membership
Anniversary Classes - contains video presentations for classes who would have been celebrating their 5 year anniversaries in 2020 & 2021.
Reunion Day Celebrations were cancelled due to Covid-19
Class Photos - contains graduation photos of each class

Constitution

-contains a brief overview of the constitution
-constitution & role descriptions are currently under review

News/Events

Reunion Day Mass
Reunion Day Luncheon
100 Year Anniversary
Programs

Reunion Day Mass -contains announcements for reunion day mass celebrations
-contains video presentation of reunion mass celebrations from previous years
Reunion Day Luncheon -contains announcements for reunion day luncheon celebrations
-contains video presentations of reunion day luncheons from previous years.
100 Year Anniversaries - video presentations of 2011 celebrating 100 years St Joseph's School of Nursing
- video presentations of 2015 celebrating 100 years of St Joseph's School of Nursing Alumnae Association
Programs - contains information on Charitable Donations made by the Alumnae

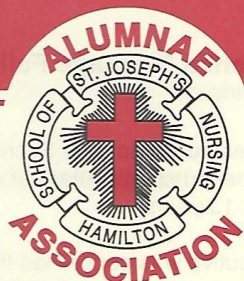
Links

Links of Interest:
St Joseph's Healthcare
College of Nurses of Ontario
Diocese of Hamilton
Registered Nurses Association of Ontario
Canadian Nurses Association
Catholic Hospital Digital History Book Collection
- Documenting the legacy and contribution of the Congregation of Religious women in Canada, their mission in health care, and the founding and operation of Catholic Hospitals
-Books contributed from St Joseph's School of Nursing Alumnae are listed under "Ontario"

Photo Gallery

Contains albums of each graduating class - labelled with the graduation year
- work continues to create the albums for the years 1976, 1977 & 1978

ALUMNAE IN ACTION



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Newsletter Editor
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October 2021

Dear Nursing Colleagues

Fall is once again upon us. Summer of 2021 will be remembered as yet another season where the pandemic plagued us. Hopefully everyone was able to enjoy a safe season, despite some of the restrictions that were imposed upon us for our safety. Thankfully visits with family and smaller gatherings were possible with the vaccination program in full swing. It is unfortunate that a fourth wave is happening but hopefully another lockdown will be avoided.

Your Executive has continued to work during these challenging times and Zoom meetings have commenced again after a break over the summer. A few changes have occurred. Unfortunately we lost another member of our Executive with the passing of our Recording Secretary, Pam Fisher '69, back in late April 2021. Pam was with the Executive since March 2008. Her untimely passing was a shock to us all and we are saddened to lose her. Pam had recently resigned from her role of Recording Secretary just before her untimely passing. With the role of Recording Secretary vacated, we were fortunate to be able to recruit a new member. Nancy English March '72 has joined the Executive taking on the role of Recording Secretary and we welcome her to the team!

We have a TENTATIVE DATE booked for Reunion Day for Thursday, May 26, 2022, at Michelangelo's Banquet Centre in Hamilton. We are hopeful this event will take place as I know many of you (along with your Executive) have missed Reunion Day for the past two years.

Our website, www.sjsnaa.com has also been updated during all this time. For those of you who have access to a computer, there are presentations for the classes that would have celebrated their 50th year anniversary this past year and all other classes celebrating milestone anniversaries. Click on the "Membership" link in the header and scroll to "Anniversary Classes". The presentations are amazing and I encourage members to have a look at the website! Also, the Photo Gallery has been updated to include Graduating Class Pictures as far back as 1915 to 1978. Congratulations to Connie Prowse '69 and Kristine Rogers '69 for all their hard work on the website!

President's Message Fall 2021

We were saddened and shocked when our Recording Secretary, Pamela Sefton Fisher '69, died suddenly in late April! This happened shortly after her resignation from her executive role. Pam had served on the executive for 13 years.

When Pam Fisher resigned, the executive was concerned that the role of Recording Secretary would be difficult to fill. We are pleased to announce that the role has been filled by Nancy English March '72. The role was quickly filled, indicating our Alumnae is alive and well, with dedicated members. Nancy's bio is included in this newsletter.

We hope things will normalize and we can resume our Reunion Day celebrations in 2022. **Our tentative date** for the next Reunion Day is **Thursday May 26, 2022**. I want to leave you with a quote from a previous Alumnae President.

"We at St. Joseph's School of Nursing, Hamilton, have an Alumnae to be proud of. Very few nursing schools in Canada have an active Alumnae and are most envious with our Active Alumnae and our Reunion Day "celebration" for all our classes every year."

Dorothy Marshall 1998.

It took a pandemic to derail our yearly celebration, but we will be back!!!

Your President,
Kristine Rogers '69



Robyn Innes Hill '78

Donations

We are happy to accept donations, monetary or items of interest, to the Alumnae. Monetary donations are used in the preservation of archival material, like preserving the many photographs and articles that have been donated.

Robyn Innes Hill '78 has donated \$200.00 to the Alumnae.

Nancy English March '72

- graduated from St Joseph's School of Nursing, Hamilton Ontario in 1972
- worked on 5 Surgical at St. Joseph's Hospital from 1972-1976
- worked at Henderson Hospital (now Juravinski) from 1978-2013, in ICU/CCU (Unit Leader), PACU and IV Team
- as an RNAO initiative, some of the projects I worked on included Hand Washing Expert, Data Collection for patients and equipment post SARS, and Mentorship
- married to Ralph for 46 years with 2 children, a daughter and a son, who have given me 5 grandchildren
- my hobbies are: travelling (when able), baking, reading and being active in my church committee in leadership roles



Nancy English March '72

If You Are Celebrating An Anniversary Year In 2022

Classes Celebrating in 2022

1972, celebrating 50 years
1942, celebrating 80 years
1947, celebrating 75 years
1952, celebrating 70 years
1957, celebrating 65 years
1962, celebrating 60 years
1967, celebrating 55 years
1977, celebrating 45 years

Please be sure to get your photos submitted so that they can be posted on our website.

If each class organizer could send these photos (labelled with names if possible) to Janina Berenyi '65 at janinaberenyi65@gmail.com, Connie Prowse '69 at connie.prowse@gmail.com, or Kristine Rogers'69 at rogerskristine77@gmail.com

All of these photos will be featured in a **POWERPOINT PRESENTATION** the next time we gather for our Reunion Day, which is tentatively scheduled for **Thursday May 26, 2022** at **Michelangelo's Banquet Centre in Hamilton ONTARIO**. These photos and presentations will also be downloaded to our website www.sjsnaa.com.

Please be sure and visit the website! Class presentations can be accessed under the "Membership Link". Just click on "Anniversary Classes".



Rose Dzugan '68

One of our Executive has written an article that we thought we should share with all of you.

Never Too Late: Working After Retirement

Rose Dzugan RN
Class of '68

Yes, returning to the job market can be intimidating and downright overwhelming. But if you can and if you like, forget your age and stay in the game.

Just because you've retired from nursing doesn't mean your working years are over. Working during retirement can be a fulfilling addition to your day to day routine.

For example...my graduation from St. Joseph's School of Nursing in Hamilton happened in 1968 and I have not stopped working since that time, despite retiring from satisfying jobs over and over again. The jobs just kept on coming.

So here we are, at the height of the Covid Pandemic and who would have thought that nurses would be so seriously needed and be considered critical to our personal lives and that of our health care system.

After applying to the Niagara Region for the vaccination project, I was able to schedule my own availability and to work with a professional team of Public Health Nurses and heaps of volunteers who navigated the patients through the vaccine system with courtesy and a welcoming smile.

At the larger vaccine sites across 12 Niagara municipalities, we normally administered over 1500 vaccinations daily. Some patients were anxious, some calm and others wanted to talk about their health issues and how this vaccine would affect their overall wellbeing. All in all, they were grateful for receiving their vaccinations and left saying "thank you for doing this work".

For those who are interested in keeping active professionally, keep up your registration, keep an open mind and think about what you can do, rather than what you did in the past and always remember that you are highly qualified with years of experience to draw on!

Aging is a physical process, but age is a state of mind.

Stay safe and well.



Many of you will remember Dr. Murray Enkin from your training days and some of you may have even worked with him in your careers.

In Remembrance - Dr. Murray Enkin (1924 - June 6, 2021)



A lot has changed in childbirth and maternity care since the 1960's and one of the people credited with that is Dr. Murray Enkin. In Victoria BC on May 29, 2021, he enthusiastically celebrated his 97th birthday and passed away on June 6. As a young medical student at the University of Toronto, Murray fell in love with birthing mothers. He went on to train in obstetrics in Brooklyn NY, came to Hamilton in 1955 and eventually went to work at St. Joseph's Hospital, later becoming Chief of Obstetrics and Gynecology. He joined McMaster's new medical school in 1965. He devoted much of his long career to humanizing the birth process for mothers and babies. He told a friend in the 1940's, "as soon as a woman entered the hospital, she was put in a wheelchair, wheeled upstairs and given a narcotic...the most popular one was heroin...and a barbiturate sedative as an amnesic. She often became screaming and demented. When she was fully dilated, she was put to sleep with chloroform or ether and the baby was pulled out."

"When I started out in Hamilton in 1955, women were asleep for delivery; any thought of having companions with them was absolutely unheard of, breastfeeding was not encouraged and rooming-in wasn't allowed." He was an early adopter of then, controversial practises, such as prenatal classes, delivery in the labour room, fathers present at births and rooming-in. He went on to transform maternity care in Canada and epidemiology worldwide, including underwater birthing methods, Lamaze techniques for couples and legalizing midwives. He was a pioneer of Evidence-Based Medicine and a champion of midwifery, for which he was awarded the Order of Canada in 2013.

An extraordinary man with a wonderful sense of humour, such as when asked how he had stayed married for so long, Dr. Enkin liked to reply, 'Neither of us has died yet.'

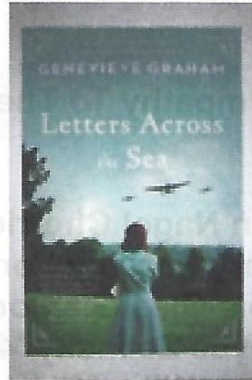
He will be missed by so many.

(article written by Pat Duxbury '66)

Recommended Reading

Only one recommendation this time...**Letters Across The Sea** by **Genevieve Graham**.

Canadian Historical Fiction; A little known chapter of WW II history...A young Protestant girl and the son of her Jewish neighbour are caught up in the anti-Semitism in Toronto when tensions arise during the Depression. Then he goes off to war and she works as a journalist at the Toronto Telegram.



Membership Renewals

If you have received a **Membership Renewal/Application Form** with your newsletter, this means your **Active Membership is ending and this will be your FINAL newsletter**. For Membership or Renewals, please contact **Pat Duxbury** at duxburp@gmail.com or **905-632-3111**.

The directions for renewing are at the bottom of the Membership Renewal Form. Please send a cheque made out to **S.J.S.N.A.A.** to Pat Duxbury with a self-addressed, stamped envelope if you would like a membership card.

PAMELA SEFTON FISHER '69

Pamela Sefton was born on July 8, 1948, in Niagara Falls Ontario. She was the middle of three sisters, Heather being the eldest and Linda being the youngest. Pam (as she was known) spent her youth in Niagara Falls, attending Lundy's Lane Public School for Kindergarten. She then attended Diamond Jubilee Public School and Stamford High School. It was while in high school that Pam met the love of her life, Fred (Bud) Fisher. They married while Bud was still in university.

Pam entered St. Joseph's School of Nursing in Hamilton in 1966. She graduated in 1969 and worked for a time at St. Joseph's in Hamilton, then at St. Mary's in Kitchener. She worked mainly in Dialysis. Pam also taught Nursing Skills in the Nursing Recertification Program at Mohawk College in Hamilton.

Teaching interested her, since her husband was also a teacher and later on a principal. Pam attended Brock University and Teachers' College and then became a Primary School teacher. She taught school with the Hamilton Wentworth District School Board, in Flamborough.

Even though Pam transitioned in her career, she remained a nurse at heart. She dedicated her life to helping others. She will be fondly remembered by her generosity to various charitable organizations, such as the Mesothelioma Foundation. Pam became a member of the St. Joseph's School of Nursing Alumnae Association in 2008. She took on the role of Recording Secretary and then later added on the role of Treasurer until 2018, when another member took on the role of Treasurer. Pam remained Recording Secretary until her resignation in April 2021.

Pam and Bud had a baby boy named Tom, whom they adopted in August of 1983, when he was 3 months old. He was their pride and joy. She was so proud that he followed in their footsteps and became a teacher himself. He and his wife Ashlee presented Pam with a granddaughter, Vienna, who was her "ray of sunshine", in 2019. Pam loved to share a meal, go on weekend trips to her place in Grand Bend, attend Raptors games with her son, and sing songs with Vienna. Spending time with her family and friends was of utmost importance and her caring nature and constant concern for others will never be forgotten. Pam was reunited with her husband Bud, who passed away in 2009, when she unexpectedly passed on April 30, 2021. She will be deeply missed by her family and friends!



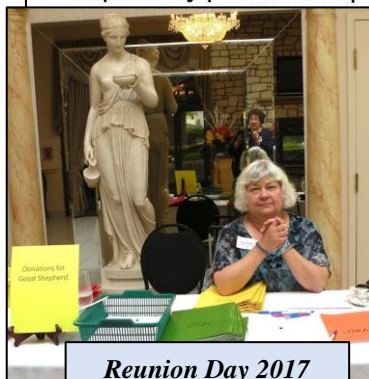
Reunion Day 2019



Pamela Sefton Fisher '69

*2008 - 2021 Recording Secretary
2014 - 2018 Treasurer*

Position	Name
President, Website Coordinator	Kristine Rogers '69
Vice President, Raffle/Door Prize Coordinator	Rose Dzugan '68
Recording Secretary	Nancy March '72
Treasurer	Patricia O'Neill '74
Newsletter Editor	Linda Lipsitt '72
Membership Secretary	Pat Duxbury '66
Mass Coordinator	Judy Cleary '67
Mass Coordinator	Diane Poehman '71B
Historical Archives Coordinator	Janina Berenyi '65
Historical Archives Coordinator	Connie Prowse '69
Luncheon Coordinator	Kathy Jackson '73
Luncheon Coordinator	Teresa Maas '74



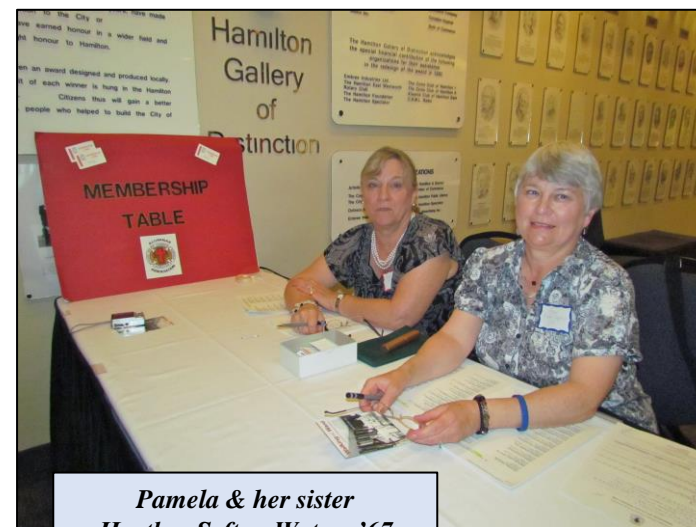
Reunion Day 2017



Reunion Day 2013



Reunion Day 2016



*Pamela & her sister
Heather Sefton Waters '67
Reunion Day 2011*



Consider Joining the Alumnae Executive

Dear Alumnae Members,

Our rich history is the collegiality that signalled the start of our Alumnae and has remained unique and strong to this day. Our Alumnae is marked by genuine friendship, warmth and kinship that began in the very profession that we chose to make our own.

We remain resilient and proud of our nursing ancestry. From 1915 when our Alumnae was formed by the first nursing class graduates, we have remained strong as one of the largest and most active Nursing Alumnae across Canada!

In reality, our Alumnae is aging as we have not had any graduates since 1978. Many of the Executive members have assumed responsibility for Alumnae activities over the years. We are now at a point in time to welcome in new Alumnae Executive members who will help in maintaining our Association and our legacy for as long as possible. Our collective efforts are urgently needed!

We urge you to seriously think about the future of our Alumnae and how your efforts will help ensure a bright and lasting future for our Alumnae.

To ease you into a new position, we will provide you with a mentor that will assist you in your new role.

Please feel free to contact any Executive member, listed in this newsletter, for further information. Should you wish to join the Executive you can complete the **"Executive Committee Expression of Interest Form"** and mail to our President Kristine Rogers, 241 Cranbrook Drive, Hamilton, ON L9C 4T2

Thank you for your interest,
Your Alumnae Executive 2021



Appendix G

Executive Committee Expression of Interest Form

Name: _____

Maiden Name: _____ Year of Graduation: _____

Address: _____

City: _____ Prov: _____ Postal Code: _____

Telephone: (H) _____ (C) _____

E-mail Address: _____

Executive Committee Position of Interest: _____

Do you have a Personal Computer? Y or N

Do you have Internet? Y or N

Have you reviewed the role description that you are interested in?
Y or N

Do you have any past experience pertinent to the position you are interested in?
Y or N

Please give a brief explanation: _____

Signature: _____

Date: _____

Please complete and forward to the current SJSNAA Resident as found in the newsletter contact list.



St. Joseph's School of Nursing Alumnae Association Hamilton, ON, Canada

S.J.S.N.A.A. WEBSITE

-to open the drop down list to see the topics
scroll your mouse across the headings at the top
(e.g. "History")

-then use the mouse to open the topics & view
the historical information of our Alumnae

Home History Executive Constitution Membership News/Events Links Photo Gallery

History Executive

St. Joseph's School of Nursing

St. Joseph's Alumnae

St. Joseph's Hospital

Nursing Oath

Interviews

St Joseph's School of Nursing -contains an overview of the history of the school
-contains a pdf file with detailed history of the school

St Joseph's Alumnae -contains an overview of the history of the alumnae

St Joseph's Hospital -contains an overview of the history of the hospital

Nursing Oath -contains the pledge for Florence Nightingale & Jeanne Mance

Interviews - contains an interview with Sister Joan O'Sullivan

-contains links to You-tube for interviews with Sister Virginia Hanlon, Sister Ann Marshall, Isabel Kerr & Virginia Frere

-these interviews were created for the 100 year Anniversary of the Alumnae celebrated in 2015

Executive

Current Executive

Role Descriptions

-contains the names & positions of executive members
-contains brief description of their roles

Membership News

Membership Criteria

Membership Application

Anniversary Classes

Class Photos

Membership Criteria -contains an overview of alumnae membership

Membership Application -contains a form that can be downloaded to apply / renew membership

Anniversary Classes - contains video presentations for classes who would have been celebrating their 5 year anniversaries in 2020 & 2021.

Reunion Day Celebrations were cancelled due to Covid-19

Class Photos - contains graduation photos of each class

-contains a brief overview of the constitution

-constitution & role descriptions are currently under review

Constitution

News/Events

Reunion Day Mass

Reunion Day Luncheon

100 Year Anniversary

Programs

Reunion Day Mass -contains announcements for reunion day mass celebrations
-contains video presentation of reunion mass celebrations from previous years

Reunion Day Luncheon -contains announcements for reunion day luncheon celebrations

-contains video presentations of reunion day luncheons from previous years.

100 Year Anniversaries - video presentations of 2011 celebrating 100 years St Joseph's School of Nursing

- video presentations of 2015 celebrating 100 years of St Joseph's School of Nursing Alumnae Association

Programs - contains information on Charitable Donations made by the Alumnae

Links

Links of Interest:

St Joseph's Healthcare

College of Nurses of Ontario

Diocese of Hamilton

Registered Nurses Association of Ontario

Canadian Nurses Association

Catholic Hospital Digital History Book Collection

- Documenting the legacy and contribution of the Congregation of Religious women in Canada, their mission in health care, and the founding and operation of Catholic Hospitals

-Books contributed from St Joseph's School of Nursing Alumnae are listed under "Ontario"

Photo Gallery

Contains albums of each graduating class - labelled with the graduation year

- work continues to create the albums for the years 1976, 1977 & 1978